

PROFESSIONAL COACHING

Evidence-based coaching to accelerate individual success

ELENA GIORGETTI
PCC, COC



MEET YOUR COACH

ABOUT ELENA

Elena specializes in career transitions, emotional intelligence and mental health coaching. She brings a wealth of experience working with individuals and organizations facilitating career development, group coaching and transition management programs.

Elena is recognized for her empathy, spontaneous sense of humour, and goal-oriented approach. As your coach, she will meet you where you are and get you to where you want to be.

She started her career as a recruiter in a Fortune 500 global consulting firm and worked in both Europe and Canada. In addition, she brings more than 10 years of experience as a Career Coach with one of Canada's top business schools, the UBC Sauder School of Business in Vancouver, BC. Elena's experience as both a recruitment insider and career development specialist enables her to offer a unique blend of support and guidance to the clients she works with.

WHO I LIKE TO COACH

Clients I like to work with are curious, ambitious individuals who are not afraid of digging deeper to explore where their potential could lead them to. From midprofessionals to senior leaders, my approach is anchored to a strong belief in human connections and selfempowerment.

My coaching supports my clients in achieving their goals and helps them build resilience through change and uncertainty. With a focus on emotional intelligence and holistic wellbeing, I guide my clients through action steps that lead to their desired goals.

Preferred topics to coach on: Stress and Anxiety, Performance, Healthy Lifestyle, Life and Career Challenges.

Preferred level of individual: I enjoy coaching individual contributor, new or front-line leaders, mid-level leaders.

QUALIFICATIONS

EDUCATION

- ▶ Bachelor Degree in Business Communications and Public Relations, IULM University of Milan, Italy
- ▶ Professional Certified Coach (PCC), International Coaching Federation
- ▶ Certified Organizational Coach, University of British Columbia

CERTIFICATIONS

- ▶ Fellow Mental Health Coac, Modern Health (Cognitive Behavioral Therapy)
- ▶ Certified facilitator of Emotional Capital Report, (ECR assessment) by Roche Martin
- ▶ Certified Career Development Practitioner, Douglas College of BC
- ▶ Job Finding Club Facilitator, Simon Fraser University
- ▶ Hope Action Theory & Practice, Doubleknot Works
- ▶ Certified Lego Serious Play Facilitator, LSP

HIGHLIGHTS

- ▶ Years of professional experience: 23
- ▶ Elena started coaching in 2011 and her experience includes approximately <2000 hours of coaching

MEDIA EXPOSURE

- ▶ Awarded Top Career Coach 2023 in Vancouver, BC

“ It has been transformational to me to open up to Elena and have her guide me on making my next career move with INTENTION so I feel in control of my career. We went through a variety of exercises that helped me learn about my own strengths and reflect on how far I have come. Elena was patient in helping me come to certain conclusions and pushing me to think deeper. When I struggled, she always had a plan or relied on proven methodologies that would help us get past the mental blocks. ”

MIDDLE-MANAGER CLIENT