

PROFESSIONAL COACHING

The people side of business, simplified

SUSAN CLARINE
CPC, PCC, ELI-MP



MEET YOUR COACH

ABOUT SUSAN

Susan is fascinated by emotional intelligence and the science behind it to create better leaders, more engaged teams and healthier, happier workplaces. After spending 7 years as an internal coach to faculty and staff within several medical universities, she launched The Ei Coach, LLC with a commitment to help leaders gain insight into how emotions affect their work, relationships and results. She works with clients to put emotional awareness into action with simple, research proven people-strategies to increase trust, de-stress and improve workplace happiness. Susan's motto is "the people side of business, simplified."

As a Master Certified EQ® coach and certified Happiness Coach (CiHS®) she partners with clients to put emotional awareness into action with research-backed people strategies to better align emotions to behaviors that increase trust, improve decision making, build relationships, cope with daily stress, and help leaders thrive in work and life. Her clients come from a range of professional service industries such as consulting, healthcare and technology.

Working with Susan, leaders understand the science of perception. They build the mental and emotional muscles they need to balance emotions, and confidently address habitual thoughts, impulsive decisions, and subconscious reactions. Susan is a Marshall Goldsmith Stakeholder Centered® Executive Coach, offering a unique "Executive EQ" coaching approach that helps clients define and target positive, long-term behavior-based changes that make the biggest difference to those they lead and collaborate with. Using "feedforward" vs. feedback, clients achieve success in closing gaps between their intentions and how others perceive them.

WHO I LIKE TO COACH

My ideal client wants to be their best self at work and in life. They're curious to understand how conscious and subconscious thoughts and emotions shape how they see themselves and others see them. The people I love to support bring their "whole self" to the coaching experience, ready to face the beliefs and behaviors that hinder effectiveness, happiness, and well-being.

Preferred topics to coach on: Emotional Intelligence.

Preferred level of individual: Department heads, Directors, Deans, Faculty and Staff, Executive Suite.

QUALIFICATIONS

EDUCATION

- ▶ MA, Missouri State University
- ▶ OD Graduate Certificate, DePaul University
- ▶ CiSH, Happiness Studies Academy

CERTIFICATIONS

- ▶ ICF PCC
- ▶ CPC, Institute for Professional Excellence in Coaching
- ▶ EQ-I 2.0® Master Coach
- ▶ Marshall Goldsmith Stakeholder Centered® Executive Coach
- ▶ Certified Professional Coach®
- ▶ Energy Leadership® Master Practitioner
- ▶ Forté® Communication Styles Master Trainer.

HIGHLIGHTS

- ▶ 8+ years of emotional intelligence leadership coaching
- ▶ 12+ years of executive coaching
- ▶ 20+ years of leadership development, organizational development, talent management
- ▶ Certified happiness coach through the Happiness Studies Academy led by Dr. Tal Ben-Sharar. The Certificate in Happiness Studies is an international program that focuses on the spiritual, physical, intellectual, relational, and emotional aspects of happiness.

“Susan is masterful at emotional intelligence. I highly recommend her for her knowledge of EQ, and her ability to coach leaders in this space. She is personable, authentic, resourceful, and highly engaging. Susan is the real deal – an absolute pleasure to work with and someone who has the ability to develop trust quickly by creating a safe space.”

– C-SUITE CLIENT